

MILLENNIUM FULL-BODY FALL ARREST SYSTEM WITH INTEGRATED SUSPENSION RELEIEF SYSTEM (SRS) INSTRUCTION MANUAL







This Instruction Manual complies with the Treestand Manufactures Association's *TMS 04-98 Revision E – "Standard Practice for Treestand Instructions"* (Rev. G) and TMS 06-02 Revision B – "Standard Test Method for Treestand Fall Arrest Systems."

WARNING! THIS PRODUCT CARRIES STRICT WEIGHT LIMITATIONS. DO NOT USE THIS
PRODUCT IF YOU EXCEED THESE TOTAL WEIGHT LIMITATIONS. FAILURE TO FOLLOW THESE
INSTRUCTIONS MAY RESULT IN SERIOUS INJURY OR DEATH!

MODEL NUMBER WEIGHT LIMIT

#H-600 300 pounds 136kg

#H-600CB 300 pounds 136kg

THANK YOU FOR YOUR PURCHASE OF THIS QUALITY MILLENNIUM PRODUCT! TO ENSURE YOUR PERSONAL SAFETY, PLEASE TAKE A MOMENT TO CAREFULLY READ THIS PRODUCT INSTRUCTION MANUAL IN ITS ENTIRETY BEFORE ATTEMPTING TO SETUP, INSTALL AND / OR OTHERWISE USE THIS MILLENNIUM PRODUCT. FAILURE TO DO SO COULD RESULT IN SERIOUS PERSONAL INJURY OR DEATH! THIS MILLENNIUM PRODUCT HAS BEEN DESIGNED, ENGINEERED AND MANUFACTURED TO PROVIDE YOU WITH YEARS OF TROUBLE FREE SERVICE.

Should you have any questions about the installation and / or use of this product, or any other Millennium product(s) do not hesitate to call one of our customer service representatives at 601-932-5832. Our service representatives will answer any questions you may have about any of the complete line of Millennium products.



THIS FULL-BODY FALL ARREST HARNESS HAS A SERVICE LIFE OF FOUR (4) YEARS PAST ITS DATE OF MANUFACTURE. THIS DATE OF MANUFACTURE CAN BE FOUND ON THE SEWN ON LABEL OF EACH COMPONENT OF THE FALL ARREST SYSTEM. REPLACE THIS HARNESS IF THE SERVICE LIFE HAS EXPIRED. SHOULD YOU EXPERIENCE A FALL WHILE WEARING YOUR FULL-BODY FALL ARREST HARNESS RETURN IT TO THE MANUFACTURER FOR FREE REPLACEMENT.



!!!ATTENTION!!!



WHEN YOU SEE A "WARNING!" BE SURE TO HEED THE MESSAGE! THE INFORMATION CONTAINED IN THESE MESSAGES CAN SAVE YOUR LIFE!!



WARNING! Falls from a treestand can occur anytime after leaving the ground. These falls result in either serious injury or death! For your personal safety, please take a moment to carefully read this product instruction manual in its entirety before attempting to assemble, setup, install and/or otherwise use this Millennium product. At least annually, review the contents of this instruction manual. Additionally, keep these instructions for the entire duration that you own this product(s). Failure to follow these instructions may result in serious injury or death!



WARNING! The safe use and operation of this product is the sole responsibility of the user. It is also the sole responsibility of the owner to provide any person(s) who borrow or purchase this product from them with these complete instructions. Failure to follow these instructions may result in serious injury or death! Additionally, failure to follow these instructions may subject you to personal liability penalties as determined by the U.S. Judicial System.



WARNING! Prior to each hunt, make sure that you have a signaling device (e.g., mobile phone, radio, whistle, signal flare, Personal Locator Device (PLD), etc.) in your possession and on your person in an operable condition. This device must be within easy access should you experience the need to contact emergency assistance. Failure to follow these instructions may result in serious injury or death!



WARNING! Failure to read and strictly comply with the instructions contained in this Instruction Manual may result in serious injury or death!



PLEASE NOTE THAT "WARNING!" Statements have been placed throughout this Instruction Manual. These statements point-out important safety information and instructions, which, if not followed could endanger the personal safety and/or property of the operator. It is imperative that the operator of this product, or any other Millennium product(s) read and understand all the instructions and warnings contained in this Instruction Manual prior to attempting to use this product(s), or any other Millennium product(s). Failure to comply with these instructions and/or warnings may result in serious injury or death!



WARNING! Thoroughly inspect this or any other Millennium product(s) prior to each use for signs of wear, rot, corrosion, cracks, deterioration and/or any other type of defect. DO NOT expose this product or your treestand to extended exposure to direct sunlight, excessive heat or freezing temperatures. Do not use your treestand or this or any other Millennium product(s) if they show evidence of wear, rot, corrosion, cracks, deterioration and/or any other type of defect.



WARNING! Do not remove, modify and/or omit any portion or otherwise mechanically modify this Millennium product(s) or its assemblies in any manner unless explicitly authorized in writing by the manufacturer. Modification, misuse and/or part substitution shall immediately void your factory warranty and may result in serious injury or death! If you suspect that a part(s) is missing and/or defective, immediately contact Millennium at 601-932-5832 for replacement of missing or defective parts. **ALWAYS USE GENUINE FACTORY AUTHORIZED MILLENNIUM**





REPLACEMENT PARTS. USE OF ANY REPLACEMENT PARTS OTHER THAN GENUINE MILLENNIUM PARTS VOIDS YOUR WARRANTY AND MAY RESULT IN SERIOUS INJURY OR DEATH!

WARNING! This Millennium product(s) is designed for adult use only. No one under the age of 16 should attempt to use this or any other Millennium product(s) without direct adult supervision.



WARNING! Prior to attempting to use this or any other Millennium product(s) you must take a moment and become familiar with its assembly, setup and installation. You must practice installing, setting-up and using this product(s) at ground level prior to attempting to use it at heights above ground-level. Once you have become thoroughly knowledgeable and comfortable with this Millennium product(s) setup, installation and use at ground-level, you are now ready to use it at heights about ground-level.



WARNING! You must always wear your Millennium full-body fall arrest system (FAS) at all times after leaving the ground. Additionally, you must stay connected at all times after leaving the ground while using climbing and hang-on treestands. Single safety belts and/or chest harnesses are no longer allowed and should never be used as they put the user at serious risk of injury or death. If you are not wearing your fall arrest system that is properly attached to the tree that is protecting you from a fall, do not leave the ground.



WARNING! Never rely on a tree branch for support while climbing.



WARNING! You must always inform someone of your hunting location, where the treestand will be located and the expected duration of the hunt.



WARNING! Inspect all safety devices each time before each use. **DO NOT** use these devices if it shows signs of wear, damage, deterioration, or vandalism. Factors such as tree growth, vandals, weather and animals may affect the performance of an unattended treestand. Do not store these devices outdoors when not in use.



WARNING! Practice the use of your Millennium full-body harness and Suspension Relief System (SRS) at ground level in the presence of a responsible adult to experience the feeling of hanging suspended before using in a hunting environment.



WARNING! The length of the harness tether must be minimized at all times. It should be adjusted so that it is above the head with no slack (snug) in the sitting position and you should have the minimum amount of slack possible when climbing.



WARNING! If your hunting location is unknown by anyone and communication efforts are unsuccessful, you must have a personal plan for self-recovery/escape should you experience a fall. Prolonged suspension in a harness can be fatal. It is important to exercise the legs by pushing against the tree or doing other forms of continuous leg exercises to avoid blood pooling while being suspended. Varying degrees of physical fitness may require different plans for self-recovery/escape the effects of prolonged suspension. Have a personal plan and practice it in the presence of a responsible adult before leaving the ground. No one escape/rescue plan will work for every hunter on every tree, in every circumstance. Only you can determine the best self-recovery/escape plan for your hunting situation and you must have a self-recovery/escape plan for your individual situation before leaving the ground. There is time to make a correct decision on what action to take if a fall occurs while wearing a full body harness. It is important to remember "DO NOT PANIC". Remain calm and implement your practiced rescue, relief and recovery plan.



WARNING! If you have a limiting physical and/or health condition that preludes and/or renders you incapable of self recovery and/or suitable escape plan is not available, DO NOT hunt from heights above ground level.



WARNING! NEVER allow the harness tether to get under your chin or around your neck. This poses a choking hazard that can lead to serious injury or death.





WARNING! This Millennium full-body arrest harness is intended to be used in conjunction with another manufacturer's treestand product. It is imperative that you carefully read the Instruction Manual that accompanies your treestand. The instructions included in the treestand manufacturer's Instruction Manual will guide you in the safe use and operation of their treestand.



WARNING! Never attempt to climb up or climb down with a weapon and/or gear in your possession. **ALWAYS** unload your weapon and pull it up to hunting height using a tether or pull up rope. **ALWAYS** lower your unloaded weapon down to the ground prior (when raising or lowering firearms, the chamber must be open and the barrel pointing toward the ground) to attempting to climb down. Use this same method when raising or lowering all other gear.



WARNING! DO NOT attempt to use this and/or any other Millennium product(s) when ice, snow and/or freezing rain has deposited or formed on any portion of the tree you intend to climb.



WARNING! DO NOT attempt to use this or any other Millennium product(s) when thunderstorms are threatening and/or present within five (5) miles. Do not attempt to use this or any other Millennium product(s) when any other adverse weather condition presents itself. These include weather conditions which have the potential for producing winds, lighting, rain, snow, sleet and/or any other atmospheric condition which may limit the user's ability to operate this Millennium product(s) in a safe manner as described in this Instruction Manual. Should any of these conditions exist, do not climb the tree. Should any of these conditions arise while hunting from an elevated position, immediately end your hunt and return to ground level.



WARNING! DO NOT use this product, or attempt to use a treestand, on leaning or irregular shaped trees that do not allow for a level standing platform.



WARNING! DO NOT use this or any other Millennium product(s) if you have a history of heart problems, back problems, impaired vision, equilibrium problems, high blood pressure or any other physical impairment that may limit your ability to use and/or operate this product(s) in the safe manner outlined in the Instruction Manual. Additionally, do not use this or any other Millennium product(s) if you are currently taking any medication (including prescription) and/or using and/or consuming any substance, including alcohol, that may limit your ability to use this Millennium product(s) as outlined and described in this Instruction Manual. Never use a treestand when feeling ill, nauseous or dizzy, or if you have a prior medical condition that could cause a problem (i.e., heart condition, joints that lock-up, spinal fusions, etc.) or if you are not well-rested.



WARNING! ALWAYS maintain 3-point contact when climbing up/down a tree when using climbing aids. Proper 3-point contact means having either two feet with one hand or one foot with two hands on the step portion of the climbing aids at all times when climbing up or down.



WARNING! DO NOT modify, fix/repair, alter, bend, cut, weld, or heat this product in any way. Failure to follow these instructions will void warranty and may result in serious injury or death!



WARNING! DO NOT lean out from a tree stand for any reason. Never use your Millennium full-body fall arrest harness to help you lean out of your stand to make a difficult shot.



WARNING! You must practice installing, adjusting and using your treestand at ground level prior to using it at elevated positions.

SPECIAL CONSIDERATIONS FOR CLIMBING TREESTAND USAGE



DANGER! You must consider the gradual taper of the tree trunk as it grows up from the ground. As you climb, you will find it necessary to adjust the tree belt to accommodate this gradual narrowing. Make certain to make these adjustments as you climb or descend the tree.





DANGER! Two-piece climbing treestands must have a tether connecting the seating platform and the standing platform. It must be secure and at the proper length recommended by the manufacturer. Refer to your treestand Owners Manual for specific instructions.



DANGER! Platform level adjustments should not be made anywhere except at ground level (except those special cases of products designed and intended to be safely adjusted in strict accordance with the treestands Owner's Manual).



WARNING! While ascending or descending, adjustments to the harness tether and tree belt must be made. Always maintain the least amount of slack in the tree belt/lanyard. Refer to the "Climbing Treestand Usage" of this Millennium Instruction Manual for specific instruction.



DANGER! You must familiarize yourself with the use of climbers by practicing at ground level before using it at heights above ground level.

SPECIAL CONSIDERATIONS FOR NON-CLIMBING (HANG-ON OR LOCK-ON) TREESTAND USAGE



WARNING! You must use the climbing belt when installing hang-on or lock-on treestands to stabilize yourself. Refer to the "Climbing Belt Setup" section of this Millennium Instruction Manual for specific instruction.



DANGER! Correct tightening and adjustment of chains, cables, straps, etc. are critical to stable hang-on or lock-on treestand installation. All treestand contact points must be in contact with the tree before you step onto your stand.



DANGER! Practice the attachment of hang-on or lock-on treestands at ground level before using in a hunting environment.



DANGER! Never leave treestand in a tree for more than two weeks as weather and/or animals could cause damage. Tree growth can also stress and damage straps and buckles.



DANGER! Climbing aids (e.g., stick ladders, sectional ladders, steps, etc.) must extend above the treestand standing platform to allow the user to step down onto the platform. Never step up to your stand from a climbing aid.



WARNING! Use a haul line to raise and lower the treestand. Never climb with anything on your back.

SPECIAL CONSIDERATIONS FOR LADDER TREESTAND USAGE





WARNING! The means to secure and stabilization device(s) must be attached before climbing to the standing/seating platform.



WARNING! Check every ladder section connection each time prior to beginning to climb the stand. If ladder sections are separating, do not use the stand.



WARNING! Check the ground under the stand to make sure it is firm and level. Sloping ground or an uneven surface(s) (e.g., one side on a rock) can cause your ladder to tilt or shift off the tree as you climb.



WARNING! Maintain 3-points of contact when climbing a ladder treestand.



WARNING! Always lean forward as you climb and attach your Millennium full-body fall arrest harness to the tree before securing the platform to the tree and stepping onto the platform.



WARNING! BEFORE each use, check all hardware and webbing to make sure that no damage has occurred (damaged hardware/frayed webbing) Keep webbing from coming into contact with any sharp edges. DO NOT USE THIS PRODUCT IF ANY DAMAGE IS SUSPECTED!



WARNING! This harness has been designed to be used only as a safety device for hunting from elevated treestands and ladders. Any other use is prohibited. **DO NOT** use this, or any other Millennium product(s) to climb utility poles, telephone poles, structural columns or any other man-made structures. Never use this or any other product(s) around power generation (e.g., transformers, generators, substations, etc.) and/or power transmission equipment. Never use a treestand on a dead, leaning, diseased or loose barked tree. NEVER USE A TREE BRANCH, OR ANY PORTION OF A TREE, TO SUPPORT ANY PORTION OF YOUR WEIGHT OR AS A HAND HOLD.



WARNING! NEVER hunt out of a tree stands at heights at which you are not completely comfortable. Depending upon the tree and hunting conditions, choose the minimum height that allows for safe, effective hunting.



WARNING! Always wear the appropriate foot wear when using a treestand. A good nonslip safety boot is important for your safety. Be especially careful that boot laces do not get hooked on the tree stand or climbing aids (tuck shoelaces into boot before climbing).

MILLENNIUM FULL-BODY FALL ARREST HARNESS

NOTE: Each component of this Millennium full-body fall arrest harness has been labeled with a sewn on tag. Please read the warnings and restrictions for use on each label prior to use. The individual components are as follows.









- A. Full-Body Fall Arrest Harness
- **B.** Instruction Manual
- C. Climbing Belt (available only with H-600 CB)
- D. Tree Belt

A

WARNING! Strict weight limitations have been set for each Millennium product to ensure your personal safety. Please refer to the cover or harness label for these weight restrictions guidelines. Exceeding these strict weight limitations puts the user at risk of serious injury or death! **NEVER EXCEED THESE WEIGHT LIMITATIONS!**



Figure 3



Figure 4

STEP 1: Locate the harness tether (refer to Figure 2) portion of your full-body fall arrest harness as shown in Figure 3. Hold the harness by the harness tether as shown in Figure 3.

STEP 2: Insure that the harness hangs with the shoulder straps up and the leg straps hanging down by holding the harness by the harness tether as shown in Figure 4.









Figure 5 Figure 6 Figure 7

STEP 3: Make sure the waist belt buckle (refer to Figure 2) is facing forward as shown in Figure 5. Make certain that all the strap buckles are loose prior to stepping into the harness. Please note that your Millennium harness is a "step into" design. It is designed to go on just like a pair of pants.

STEP 4: While holding the harness out in front of you, carefully step through the waist belt into the leg loops one at a time as shown in Figure 6.

STEP 5: Pull the harness up (as shown in Figure 7) so that the waist belt (refer to Figure 2) is at waist level. Slip your right arm through the right shoulder strap (refer to Figure 2) as shown in Figure 8. Repeat this step for the left shoulder strap.







Figure 9

STEP 6: Once you have the harness over both shoulders, tighten the leg and waist straps. Adjusting the straps first allows you to reduce the slack in the shoulder straps for a proper fit as shown in Figure 9. A properly donned harness should look like the one shown in Figure 10 & 11.







Figure 10 Figure 11

HARNESS TETHER AND TREE BELT INSTALLATION

The proper installation of your tree belt onto your full-body fall arrest harness tether is of paramount importance.



WARNING! Installing your full-body fall arrest harness tether and tree belt in a manner other than outlined here puts you at risk of bodily harm. Failure to follow these instructions may result in serious injury or death!

STEP 1: Locate the tree belt (refer to Figure 1). Thread the tree belt through the loop at the end of the harness tether as shown in Figure 12.

STEP 2: Wrap the tree belt around the tree trunk as shown in Figure 13. You must install your tree belt at or above eye-level as shown in Figure 13. DO NOT allow the loop to cover the tree belt buckle. Keep the sewn loop a minimum of six (6) inches away from the tree belt buckle.



Figure 12 THREAD TREE BELT THROUGH HARNESS LANYARD LOOP



Figure 13
INSTALL BELT
BELT AT OR
ABOVE EYE LEVEL

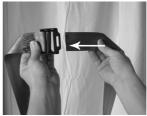


Figure 14
INSERT TAG END
INTO BUCKLE



Figure 15
PUSH TAG END UNDER
FLOATING BAR





Figure 16
LOOP THE END **OVER**FLOATING BAR AND
BACK THROUGH BUCKLE



Figure 17
PULL TAG END TO TIGHTEN
THE BUCKLE ASSEMBLY



Figure 18
PROPERLY THREADED
BUCKLE WILL NOT SLIP
WHEN PRESSURE IS APPLIED

201 Fairmont Plaza Pearl, MS 39208



FIGURE 19
AN INCORRECTLY
THREADED BUCKLE
WILL NOT HOLD UNDER LOAD



WARNING! The length of the harness tether must be minimized at all times. It should be adjusted so that it is above the head with no slack (snug) in the sitting position and you should have the minimum amount of slack possible when climbing.

STEP 3: Secure the tree belt buckle as shown in Figure 12 through 18.

STEP 4: With the tree belt snug, make certain it is at or above eye-level. With the tree belt still snug and before tightening, carefully sit down making sure that the harness tether is tight with the slack removed when in the seated position.



WARNING! This Millennium full-body fall arrest harness was designed, engineered and manufactured to protect the user during operation and use of their treestand. It is not designed for use in any other manner. This includes, but is not limited to, any other industrial, commercial and/or private use. Such improper use immediately voids the warranty and may result in serious injury or death!



WARNING! This Millennium full-body fall arrest harness was designed as a fall arrest device only. **UNDER NO CIRCUMSTANCES USE IT TO LEAN OUT OF YOUR STAND TO ATTEMPT A DIFFICULT SHOT.** Using this product in such a manner may result in serious injury or death!

CLIMBING TREESTAND USAGE

You must wear your Millennium full-body fall arrest harness at all times when using a climbing stand. This includes staying connected to the tree at all times while ascending or descending the tree.

When using your Millennium full-body fall arrest harness with a climbing stand you must remember to move the tree belt up and down the tree each time you ascend or descend the tree. To do this, simply loosen the tree belt and slide it upward or downward (as appropriate for the direction you are climbing). Remember, keep the slack in the harness tether to a minimum as you ascend or descend.



WARNING! Installing your Millennium full-body fall arrest harness tether and tree belt in a manner other than outlined



here puts you at risk of bodily harm. Failure to follow these instructions may result in serious injury or death!

STEP 1: Prior to stepping onto your climber platform, attach the tree belt (refer to Figure 1) around the tree trunk at or above eye level as shown in figure 20.

STEP 2: As you climb, slide your tree belt up as shown in Figure 21. Remember, keep the least amount of slack in the assembly as possible. A tight harness tether greatly reduces the distance you can travel should you experience a fall while climbing. When descending, simply reverse this step.







Figure 21

CLIMBING BELT SETUP AND USAGE

You will find a Climbing Belt included with your Millennium full-body fall arrest harness Model# H-600-CB only. (refer to Figure 2). This climbing belt is provided to secure you while installing and/or using hand-on or lock-on style treestands.



WARNING! Installing your Millennium full-body fall arrest climbing belt in a manner other than outlined here puts the user at serious risk of bodily harm. Failure to follow these instructions may result in serious injury or death!

STEP 1: Locate the climbing belt as shown in Figure 2. With your Millennium full-body fall arrest harness donned as previously outlined in this Instruction Manual.

STEP 2: Attach the climbing belt to the loops on the side of harness by looping the strap back thru itself as seen in Figure 22. Connect the buckle portion of climbing belt to loop on side of harness in the same manner as seen in Figure 23.



Figure 22



Figure 23

Step 3: Wrap the strap around the tree and feed thru the buckle as previously outlined in Figures 14, 15, 16, and 17.

STEP 4: Tighten the climbing belt to a comfortable length as shown in Figure 24.





Figure 24

Use your climbing belt when installing or removing hang-on or lock-on style treestands and their climbing aids (e.g., stick ladders, sectional ladders, steps, etc.). It is important to remember to stay connected to the tree trunk with your climbing belt until you have safely secured your harness tether and tree belt to the tree trunk. Once you have secured your tree belt and adjusted its length, only then can you safely disconnect your climbing belt.

WARNING! Under no circumstance should you attempt to install or remove hang-on or lock-on style treestands and/or their climbing aids without the use of your Millennium climbing belt/SRS. Failure to follow these instructions puts the user at risk of serious injury or death!



WARNING! Under no circumstance should you attempt to disconnect your climbing belt prior to having the harness tether and tree belt installed as previously described. You must be connected at all times when at heights above ground level.

SUSPENSION RELIEF SYSTEM (SRS)



WARNING! Prior to attempting to use this or any other Millennium product(s) you must take a moment and become familiar with its assembly, setup and installation. You must practice installing, setting-up and using this product(s) at ground level prior to attempting to use it at heights above ground-level. Once you have become thoroughly knowledgeable and comfortable with this Millennium product(s) setup, installation and use at ground-level, you are now ready to use it at heights about ground level. Failure to follow these instructions may result in serious injury and death. Failure to follow harness instructions could result in not being able to return to the stand and being suspended in a harness after a fall. If the hunting location is unknown by anyone and communication efforts are unsuccessful, you must have a personal plan for recovery/escape because prolonged suspension in a harness can be fatal. It is important to exercise the legs by pushing against the tree or doing other forms of continuous leg exercises to avoid blood pooling while being suspended. Hunters with varying degrees of physical fitness may require different plans to recover/escape the effects of prolonged suspension. Have a personal plan and practice it in every circumstance. Only you can determine the best recovery/escape plan for your hunting situation and you must have a recovery/escape plan for your situation before leaving the ground.

In the unlikely event that you should experience a fall while using your Millennium full-body harness with it's integrated Suspension Relief System (SRS) – don't panic. Your Millennium full-body harness is equipped with a lifesaving feature, called the Suspension Relief System- a device to allow relief of a person's weight on the lower extremities if suspended in a harness, or allow the user to descend to the ground. These devices help maintain circulation in the legs and prevent suspension trauma (blood pooling).

Following a fall, you will find yourself suspended safely and comfortably in your Millennium full-body harness. It is important to understand that hanging suspended in a full-body harness over time can cut off circulation to your extremities and cause a fatal



condition called "suspension trauma". A suspension relief device must be on your person and readily accessible while using a harness. These devices allow the user to relieve the load on the lower extremities if suspended in a harness and help maintain circulation in the legs, mitigate suspension trauma (blood pooling) or allow descent to the ground. Be sure to follow the manufactures directions on the safe use of any suspension relief device.

As such, you should immediately begin a simple operation that will eliminate the negative effects of suspension trauma. Should you experience a fall – remain calm. Follow these simple steps to help maintain circulation in the legs and prevent suspension trauma (blood pooling).

STEP 1: Remove the SRS belt from the left side of your waist belt (refer to Figure 2).

STEP 2: Insert the tag end of the climbing belt/SRS into the climbing belt/SRS buckle (refer to figure 2). Thread the buckle as previously outlined in Figures 14, 15, 16, and 17.



WARNING! Prior to attempting to use this or any other Millennium product(s) you must take a moment and become familiar with its assembly, setup and installation. You must practice installing, setting-up and using this product(s) at ground level prior to attempting to use it at heights above ground-level. Once you have become thoroughly knowledgeable and comfortable with this Millennium product(s) setup, installation and use at ground-level, you are now ready to use it at heights about ground-level. Failure to follow these instructions may result in serious injury and death!

STEP 3: With your climbing belt/SRS now installed, adjust it to a length that will accommodate your outstretched legs and a length that will allow you to place your body weight on the SRS. Refer to Figure 25.

STEP 4: With your climbing belt/SRS now installed and adjusted to a length that will accommodate your outstretched legs, place your feet in the SRS. To minimize the possibility of suspension trauma, place your weight on the SRS strap and exercise your legs by pushing against the SRS strap with your legs. This exercise will eliminate the effects of suspension trauma until help arrives. Several optional products/systems are available that offer self recovery or self extraction from a fall when suspended in a harness. Some systems automatically descend the user while others allow user control. One of these product/systems can be considered for use as an additional safety precaution against prolonged suspension and suspension trauma. Be sure to follow the manufactures directions on the safe use of these products/systems.



Figure 25





WARNING! Prior to each hunt, make sure that you have a signaling device (e.g., mobile phone, radio, whistle, signal flare, Personal Locator Device (PLD), etc.) in your possession and on your person in an operable condition. This device must be within easy access should you experience the need to contact emergency assistance. Failure to follow these instructions may result in serious injury or death!

STORAGE AND CARE OF YOUR MILLENIUM HARNESS

THIS MILLENNIUM FULL-BODY FALL ARREST HARNESS HAS A SERVICE LIFE OF THREE (3) YEARS PAST ITS DATE OF

MANUFACTURE. THIS DATE OF MANUFACTURE CAN BE FOUND ON THE SEWN ON LABEL OF EACH COMPONENT OF THE FALL

ARREST SYSTEM. REPLACE THIS HARNESS IF THE SERVICE LIFE HAS EXPIRED. SHOULD YOU EXPERIENCE A FALL WHILE

WEARING YOUR FULL-BODY FALL ARREST HARNESS RETURN IT TO THE MANUFACTURE FOR A FREE REPLACEMENT.

OPTIONAL ACCESSORIES AND REPLACEMENT PARTS

Optional accessories and genuine Millennium replacement parts are also just as close as your telephone. Should you require parts or service, or if you just have a question about this, or any other Millennium product(s), please give our customer service representative a call at 601-932-5832.





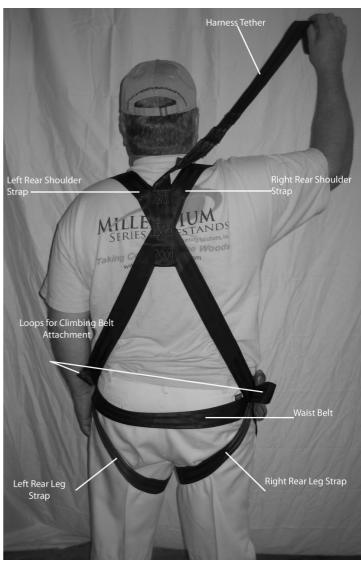


Figure 1 Figure 2